

Crave N Rave Cheese Flavored Fava Puffs

Nutrition Facts

1 servings per container

Serving size

1 bag (30g)

Amount Per Serving

Calories

110

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **9%**

Total Carbohydrate 18g **7%**

Dietary Fiber 6g **21%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 5g **10%**

Vitamin D 0mcg **0%**

Calcium 30mg **2%**

Iron 0.7mg **4%**

Potassium 140mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.